



October 2026

ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				OCT1 8:00Golden Oldies 9:00Coffee with Veterans 10:00Praise & Worship/Pastor Terry 11:30Chair Stretch & Strength 1:30Mexican Train 2:30Bingo with Tammy 3:30Game of Jenga 4:30Daily Chronicles 6:00Lights, Camera, Movie	2 8:00Golden Oldies 10:00Sing along 11:30Chair Stretch & Strength 1:30Around the World 2:30Easy Trivia 3:00Hand Massages & Nail Care 4:30Daily Chronicles 6:00Lights, Camera, Movie	3 8:00Golden Oldies 11:00Golden Body Fitness 1:30Bingo with Tammy 2:30Hand Massages & Nail Care 4:00Daily Chronicles 6:00Lights, Camera, Movie Simchat Torah Begins
4 8:00Songs and Worship 10:00Live Stream Church 11:00Golden Body Fitness 1:30Bingo 3:00Hand Massages & Nail Care 4:30Daily Chronicles 6:00Lights, Camera, Movie	5 8:00Golden Oldies 9:30Faith & Fellowship with Brad 11:30Chair Stretch & Strength 1:30Karaoke 2:00Moments to Remember 2:45Mexican Train 4:30Daily Chronicles 6:00Lights, Camera, Movie	6 8:00Golden Oldies 10:00Praise & Worship/Pastor Terry 11:30Chair Stretch & Strength 1:30Dominoes 2:30Rummikub 4:30Uno 4:30Daily Chronicles 6:00Lights, Camera, Movie	7 Pink 8:00Golden Oldies 9:30Faith & worship with Luis 10:00Sunshine Walk 11:30Chair Stretch & Strength 1:30Karaoke 2:00KerPlunk 2:3010,000 4:30Daily Chronicles 6:00Lights, Camera, Movie	8 8:00Golden Oldies 10:00Praise & Worship/Pastor Terry 11:30Chair Stretch & Strength 1:30Mexican Train 2:30Bingo with Tammy 3:30Game of Jenga 4:30Daily Chronicles 6:00Lights, Camera, Movie	9 8:00Golden Oldies 10:00Sing along 11:30Chair Stretch & Strength 1:30Around the World 2:30Easy Trivia 3:00Hand Massages & Nail Care 4:30Daily Chronicles 6:00Lights, Camera, Movie	10 Dino Boo Bash 8:00Golden Oldies 11:00Golden Body Fitness 1:30Bingo with Tammy 2:30Hand Massages & Nail Care 4:00Daily Chronicles 6:00Lights, Camera, Movie
11 8:00Songs and Worship 10:00Live Stream Church 11:00Golden Body Fitness 1:30Bingo 3:00Hand Massages & Nail Care 4:30Daily Chronicles 6:00Lights, Camera, Movie	12 8:00Golden Oldies 9:30Faith & Fellowship with Brad 11:30Chair Stretch & Strength 1:30Karaoke 2:00Moments to Remember 2:45Mexican Train 4:30Daily Chronicles 6:00Lights, Camera, Movie Indigenous Peoples' Day • Columbus Day (U.S.) • Thanksgiving Day (Canada)	13 8:00Golden Oldies 10:00Praise & Worship/Pastor Terry 11:30Chair Stretch & Strength 1:30Dominoes 2:30Rummikub 4:30Uno 4:30Daily Chronicles 6:00Lights, Camera, Movie	14 Pink 8:00Golden Oldies 10:00Sunshine Walk 11:30Chair Stretch & Strength 1:30Karaoke 2:00KerPlunk 2:3010,000 4:30Daily Chronicles 6:00Lights, Camera, Movie	15 8:00Golden Oldies 10:00Praise & Worship/Pastor Terry 11:30Chair Stretch & Strength 1:30Mexican Train 2:30Bingo with Tammy 3:30Game of Jenga 4:30Daily Chronicles 6:00Lights, Camera, Movie	16 8:00Golden Oldies 10:00Brad & Glenn Worship 11:30Chair Stretch & Strength 1:30Around the World 2:30Easy Trivia 3:00Hand Massages & Nail Care 4:30Daily Chronicles 6:00Lights, Camera, Movie	17 8:00Golden Oldies 11:00Golden Body Fitness 1:30Bingo with Tammy 2:30Hand Massages & Nail Care 4:00Daily Chronicles 6:00Lights, Camera, Movie
18 8:00Songs and Worship 10:00Live Stream Church 11:00Golden Body Fitness 1:30Bingo 3:00Hand Massages & Nail Care 4:30Daily Chronicles 6:00Lights, Camera, Movie	19 8:00Golden Oldies 9:30Faith & Fellowship with Brad 11:30Chair Stretch & Strength 1:30Karaoke 2:00Moments to Remember 2:45Mexican Train 4:30Daily Chronicles 6:00Lights, Camera, Movie	20 8:00Golden Oldies 10:00Praise & Worship/Pastor Terry 11:30Chair Stretch & Strength 1:30Dominoes 2:30Rummikub 4:30Uno 4:30Daily Chronicles 6:00Lights, Camera, Movie	21 Pink 8:00Golden Oldies 9:30Faith & worship with Luis 10:00Sunshine Walk 11:30Chair Stretch & Strength 1:30Karaoke 2:00KerPlunk 2:3010,000 4:30Daily Chronicles 6:00Lights, Camera, Movie	22 8:00Golden Oldies 9:00Podiatrist 10:00Praise & Worship/Pastor Terry 11:30Chair Stretch & Strength 1:30Let the Cards Pick 2:30Bingo with Tammy 3:30Game of Jenga 4:30Daily Chronicles 6:00Lights, Camera, Movie	23 8:00Golden Oldies 10:00Sing along 11:30Chair Stretch & Strength 1:30Around the World 2:30Easy Trivia 3:00Hand Massages & Nail Care 4:30Daily Chronicles 6:00Lights, Camera, Movie	24 8:00Golden Oldies 11:00Golden Body Fitness 1:30Bingo with Tammy 2:30Hand Massages & Nail Care 4:00Daily Chronicles 6:00Lights, Camera, Movie
25 Spooky Socks 8:00Songs and Worship 10:00Live Stream Church 11:00Golden Body Fitness 1:30Bingo 3:00Hand Massages & Nail Care 4:30Daily Chronicles 6:00Lights, Camera, Movie	26 Mismatch 8:00Golden Oldies 9:30Faith & Fellowship with Brad 11:30Chair Stretch & Strength 1:30Karaoke 2:00Moments to Remember 2:45Mexican Train 4:30Daily Chronicles 6:00Lights, Camera, Movie	27 Wacky Hair or Wig 8:00Golden Oldies 10:00Praise & Worship/Pastor Terry 11:30Chair Stretch & Strength 1:30Dominoes 2:30Rummikub 4:30Uno 4:30Daily Chronicles 6:00Lights, Camera, Movie	28 Pink 8:00Golden Oldies 10:30Village Square 11:30Chair Stretch & Strength 1:30Birthday Bash 2:30Bingo with Sequioa Vista 4:30Daily Chronicles 6:00Lights, Camera, Movie	29 Black & Orange 8:00Golden Oldies 10:00Praise & Worship/Pastor Terry 11:30Chair Stretch & Strength 1:30Mexican Train 2:30Bingo with Tammy 3:30Game of Jenga 4:30Daily Chronicles 6:00Lights, Camera, Movie	30 Festive Halloween 8:00Golden Oldies 10:00Sing along 11:30Chair Stretch & Strength 1:30Around the World 2:30Easy Trivia 3:00Hand Massages & Nail Care 4:30Daily Chronicles 6:00Lights, Camera, Movie	31 Family Friendly Costume 8:00Golden Oldies 11:00Golden Body Fitness 1:30Bingo with Tammy 2:30Hand Massages & Nail Care 4:00Daily Chronicles 6:00Lights, Camera, Movie Halloween